| Nr | Zeit(Ankunft Station) | Entfernung(ab vorheriger Station) | Ort / Station | Thema, evtl. Stichworte | Bedarf, Requisite |
| --- | --- | --- | --- | --- | --- |
| 0 |  |  0 | Startpunkt | Begrüßung, Vorstellung FUSS-Ortsgruppe, kurze Vorstellungsrunde, Überblick zur Gehstrecke, …. |  |
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